

# Relish Running Races

Two Tunnels Races - 21st Aug 2022

## FINAL Schedule

**Note shuttle buses run between 07:00 - 18:00 only. 1 bus every 15mins approx.**

### Race Briefing

There will be a race briefing and 10mins before each wave start held on the start line.

**PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER**

Event Wave	Race Wave	Arrive P&R	Arrive Race HQ	Briefing	Start	Colour	OTD
Ultra	50km Ultra & Relay	07:15	07:30 - 07:45	08:15	08:30	White	Y
	10km (1 day 5km + 10km + Half))	07:15	07:30 - 07:45	08:15	08:30	Pink	Y
Colour	500m Colourburst	08:15	08:45 - 09:00	09:10	09:20	Cloud	Y
Colour	2km Colourburst	08:15	08:45 - 09:00	09:10	09:20	Cloud	Y
Event Wave 1	Marathon - WAVE 1	08:30	09:00 - 09:10	09:50	10:00	Blue 2000-2925	Y
Event Wave 2	Marathon - WAVE 2	08:40	09:10 - 09:20	10:00	10:10	Blue ≤2000	N
Event Wave 3	Marathon - WAVE 3, 4	08:50	09:20 - 09:30	10:10	10:20	Bue ≥2926	N
Event Wave 4	5km - All	09:00	09:35 - 09:45	10:20	10:30	Yellow	Y
Event Wave 5	Half - WAVE 1	09:10	09:45 - 09:55	10:30	10:40	Grey ≤750	N
Event Wave 6	10km - WAVE 1	09:20	09:55 - 10:05	10:40	10:50	Purple ≤4600	N
Event Wave 7	Half - WAVE 2	09:30	10:05 - 10:15	10:50	11:00	Grey 7000-7875	N
Event Wave 8	10km - WAVE 2	09:40	10:15 - 10:25	11:00	11:10	Red ≤600	N
Event Wave 9	Half - WAVE 3	09:50	10:25 - 10:35	11:10	11:20	Grey 750-1000	N
Event Wave 10	10km - WAVE 3	10:00	10:35 - 10:45	11:20	11:30	Purple 8000	N
Event Wave 11	Half - WAVE 4, 5, 6	10:10	10:45 - 10:55	11:30	11:40	Grey ≥7876	Y
Event Wave 12	10km - Wave 4, 5	10:20	10:55 - 11:05	11:40	11:50	Red ≥600	Y
Event Wave 13	10km - Wave 6, 7	10:30	11:05 - 11:15	11:50	12:00	Purple 4600-5000	N

OTD = On The Day registrations?

### Notes

There are likely multiple waves with the same colour race number, please pay close attention to the number range too on the final schedule. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave.

There is no on the day prize giving. Prize winners will be contacted the week of the race by email.