

Relish Running Races

Two Tunnels Races - 18th Aug 2024

Final Schedule

Note shuttle buses run between 07:00 - 18:00 only. 1 bus every 15mins approx.

Race Briefing

There will be a race briefing and warm up 10mins before each wave start held on the start line.

PLEASE COLLECT YOUR RACE NUMBER FROM THE DESK WITH YOUR EVENT WAVE NUMBER

Event Wave	Race Wave	Arrive P&R	Arrive at Race	Briefing	Start	Colour	OTD?
Ultra	50km Ultra & Relay	07:15	07:30 - 07:45	08:15	08:30	White	Yes
Colour	500m & 2km Colour	08:15	08:45 - 09:00	09:10	09:20	Cloud	Yes
Event Wave 1	Marathon - Wave 1	08:30	09:00 - 09:15	09:50	10:00	Black 4,000s	No
Event Wave 2	Marathon - Wave 2	08:40	09:10 - 09:25	10:00	10:10	D. Blue	No
Event Wave 3	Marathon - Wave 4	08:50	09:20 - 09:35	10:10	10:20	L. Blue	Yes
Event Wave 4	Marathon - Wave 3	09:00	09:30 - 09:45	10:25	10:30	Black 9,000s	No
Event Wave 5	5km - Wave 1 & 2	09:10	09:40 - 09:55	10:30	10:40	Green	Yes
Event Wave 6	City Half - Wave 1	09:20	09:50 - 10:05	10:40	10:50	Grey 8,000s	No
Event Wave 7	10km - Wave 1	09:30	10:00 - 10:15	10:50	11:00	Red < 1,000	No
Event Wave 8	City Half - Wave 2	09:40	10:10 - 10:25	11:00	11:10	Yellow < 1,000	No
Event Wave 9	10km - Wave 2	09:50	10:20 - 10:35	11:10	11:20	Pink 5,000s	No
Event Wave 10	City Half - Wave 3	10:00	10:30 - 10:45	11:20	11:30	Grey 3,000s	No
Event Wave 11	10km - Wave 3	10:10	10:40 - 10:55	11:30	11:40	Purple 1,000+	No
Event Wave 12	City Half - Wave 4	10:20	10:50 - 11:05	11:40	11:50	Yellow 7,000s	No
Event Wave 13	10km - Wave 4	10:30	11:00 - 11:15	11:50	12:00	Orange	No
Event Wave 14	City Half - Wave 5	10:40	11:10 - 11:25	12:00	12:10	Grey 7,000s	No
Event Wave 15	10km - Wave 5	10:50	11:20 - 11:35	12:10	12:20	Red 5,000s	Yes (1)
Event Wave 16	City Half - Wave 6	11:00	11:30 - 11:45	12:20	12:30	Yellow 2,000s	Yes
Event Wave 17	10km - Wave 6	11:10	11:40 - 11:55	12:30	12:40	Pink < 1,000	No
Event Wave 18	10km - Wave 7	11:20	11:50 - 12:05	12:40	12:50	Purple 6,000s	Yes (2)

OTD = On The Day registrations / Open to transfers if changing distance

(1) Predicted time less than 60mins

(2) Predicted time more than 60mins

Notes

Event Waves refers to the order the individual race waves will set off.

There are multiple waves with the same colour race number, please pay close attention to the number range too on the final schedule. Arrival times are suggestions. Number collection will remain open for each wave right up to the start of each wave.

You can collect your number from the desks which respond to the Event Wave, not your race wave. For example, 10km wave 3 runners are in Event Wave 11, so will collect their numbers from desk 11, not desk 3. Event Waves refers to the order the individual race waves will set off. The briefing for each event will take place 10 minutes before each wave starts, on the start line.

Due to the multiple waves spread out over a long period of time, there is no on the day prize giving. Prize winners will be contacted the week of the race by email.